

Centre universitaire de médecine générale et santé publique · Lausanne

HEURE: 11H00 – 12H00 LIEU: COLLOQUE VIA WEBEX



## A life course approach to healthy ageing in the time of the COVID-19 pandemic

SÉRIE « HEALTHY AGEING » PART 2/3

## **INTERVENANT**

PROFESSOR DIANA KUH

EMERITUS PROFESSOR OF « LIFE COURSE EPIDEMIOLOGY » AT UNIVERSITY COLLEGE LONDON
FOUNDING DIRECTOR OF THE MRC UNIT FOR LIFELONG HEALTH AND AGEING

## **DESCRIPTIF**

The life course epidemiological approach investigates how physical and mental capacities change across life and vary by birth cohort, socioeconomic position, gender and ethnicity, and the extent to which experience and exposures earlier in life have long-term consequences for ageing in terms of changes in capacities, and the development of disability and chronic diseases. In this presentation, I will summarise some of the evidence from the British birth cohort studies that have identified social and biomedical factors from childhood that may affect the chance of healthy ageing, and then ask how these factors and their consequences may be affected by the Covid-19 pandemic. The pandemic an example of a global challenge in the physical and social macro-environments. Within this wider context, I will discuss the ways in which life course epidemiology may need to adapt and the most pertinent life course questions that need to be addressed.

Recommandé par la Société Suisse des Spécialistes en prévention et santé publique (SPHD) pour la reconnaissance de la formation continue.

Participer à la réunion Webex Lien Webex



www.unisante.ch