

**HEURE :** 11H00 – 12H00

**LIEU :** COLLOQUE VIA WEBEX

**MARDI  
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COLLOQUE VIRTUEL**

## WHO's conceptualization of healthy ageing & Baseline Report for the Decade of Healthy Ageing

SÉRIE « HEALTHY AGEING » PART 1/3

### INTERVENANT

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### DESCRIPTIF

Global population aged 60 years and over is just over 1 billion people (representing 13.5% of the world's population), is 2.5 times greater than in 1980, and is projected to reach 2.1 billion by 2050. At the same time, humans live longer on average, than any other time in history. To promote an appropriate health response to population ageing, the World Health Organization (WHO) redefined healthy ageing as "the process of developing and maintaining the functional ability that enables wellbeing in older age". In 2020, a "UN Decade of Healthy Ageing 2021-2030" was endorsed by the World Health Assembly and by the United Nations General Assembly: the goal is to optimize older people's functional ability and improve the well-being of older people. Bringing together a range of stakeholders at the global, national and local levels, the Decade prioritizes four action areas to reach this goal: 1) change how we think, feel and act towards age and ageing; 2) ensure that communities foster the abilities of older people; 3) deliver person-centred integrated care and primary health services that are responsive to older people; 4) provide access to long-term care for older people who need it. The baseline report sets out a pathway to accelerate actions; provides data, evidence and cases from around the world; and advocates for commitment and measurable improvements between now and 2030.

Recommandé par la Société Suisse des Spécialistes en prévention et santé publique (SPHD) pour la reconnaissance de la formation continue.

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