

Mardi 5 mai 2026**11H00-12H00 – Ce colloque aura lieu uniquement en ligne**[Lien WebEx](#)

«Refugee Health Across the Lifespan: Evidence, Equity, and Community-Engaged Approaches»

SPEAKER

Dr. Fariba Aghajafari is an Associate Professor at the University of Calgary and a practicing family physician with expertise in refugee health, primary care, and population-based epidemiology. Her research includes mixed-methods studies on vaccination models for refugees and migrants, child cognitive and psychosocial outcomes, and youth mental health service access, developed in close collaboration with community organizations. She has led several systematic reviews and international evidence syntheses and contributes to major CIHR- and SSHRC-funded health-system innovation projects. Dr. Aghajafari's broader work spans maternal-child health, chronic disease management, and evidence-based medicine, with a strong focus on equity-oriented and community-engaged approaches to improving care for refugee and newcomer populations.

ABSTRACT

This talk explores how refugee health across the lifespan—from early cognitive and school outcomes to youth mental health and adult vaccination—is shaped by trauma, language barriers, and systemic inequities. Evidence from Calgary and global studies shows that culturally grounded, community-led models—supported by cultural workers, community navigators, and multilingual staff—significantly improve access, trust, and health outcomes. Across all ages, belonging, culturally safe communication, and holistic family engagement consistently emerge as key determinants of well-being. Together, these findings highlight that equitable refugee health requires flexible systems, sustained partnerships, and meaningful inclusion of refugee voices.

Recommandé par la Société Suisse des Spécialistes en prévention et santé publique (SPHD) pour la reconnaissance de la formation continue.
Participer à la réunion WebEx.